

**CLOVIS UNIFIED
SCHOOL DISTRICT****STUDENTS****Health and Welfare****STUDENT WELLNESS**

PURPOSE: To provide school environments that promote and protect student health and well-being, and the ability to learn.

The Board recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for District students. The Superintendent or designee shall coordinate and align District efforts to support student wellness through health education, physical education and activity, health services, nutrition services, psychological and counseling services, and a safe and healthy school environment. In addition, the Superintendent or designee shall develop strategies for involving parents/guardians and the community in reinforcing students' understanding and appreciation of the importance of a healthy lifestyle.

This board policy addresses school wellness as required by federal law. (42 USC 1758b, 7 CFR 210.31) School wellness is an integrated and collaborative approach.

A. Coordinated School Health Committee.

The Board directs the Superintendent or designee to establish a Coordinated School Health Committee (CSHC) to participate in the development, implementation, and periodic review and update of this board policy. (7 CFR 210.31) The CSHC will serve as a resource to school sites for implementing this board policy and will recommend changes, improvements, and adjustments to existing coordinated school wellness. The CSHC shall meet twice each school year in the fall and spring. The CSHC shall provide input to the Board regarding the wellness plans and procedures that are set forth in this board policy based upon changing laws, regulations, and community input.

The CSHC may consist of individuals representing District schools and the community, which may include: (1) parents; (2) students; (3) representatives from the District such as board members, Campus Catering, school administrators, physical education teachers, school health professionals; and (4) community members. (42 USC 1758b; 7 CFR 210.31)

B. Goals for Nutrition, Physical Activity, and Other Wellness Activities.

The Board directs the Superintendent or designee to establish specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness. (42 USC 1758b; 7 CFR 210.31) In developing such goals, the Superintendent or designee shall review and consider evidence-based strategies and techniques. (42 USC 1758b; 7 CFR 210.31)

**CLOVIS UNIFIED
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For all foods and beverages available on each campus during the school day, the Superintendent or designee shall establish nutrition guidelines that are consistent with federal law and regulations, including 42 USC section 1758, 1766, 1773, and 1779, and which promote student health and reduce childhood obesity. (42 USC 1758b; 7 CFR 210.31)

To maximize the District's ability to provide nutritious meals and snacks, all District schools shall participate in available federal school nutrition programs, including the National School Lunch and School Breakfast Programs and after-school snack programs, to the extent possible.

The Superintendent or designee shall provide access to free, potable water in the food service area during mealtimes. (Education Code 38086)

The Board prohibits the marketing and advertising of foods and beverages that do not meet nutrition standards for the sale of foods and beverages on campus during the school day. (Education Code 49431.9; 7 CFR 210.31) See also Board Policy No. 3554 – Other Food Sales.

D. Program Implementation and Evaluation.

The individual identified below shall be responsible for ensuring that each school site complies with this board policy (42 USC 1758b; 7 CFR 210.31):

Title: Director, Campus Catering
Phone Number: (559) 327-9136
Email: jannettegarciazuni@cusd.com

The Superintendent or designee shall assess the implementation and effectiveness of this board policy at least once every three years. (42 USC 1758b; 7 CFR 210.31) The assessment shall include the extent to which District schools comply with this board policy, the extent to which this board policy compares to model wellness policies available from the U.S. Department of Agriculture, and a description of the progress made in attaining the goals of the wellness policy. (42 USC 1758b) As a result of the assessment, the Superintendent shall recommend appropriate updates or modifications to this board policy. (7 CFR 210.31)

The Superintendent or designee shall prepare and maintain proper documentation and records needed for the administrative review of the District's wellness policy conducted by the California Department of Education (CDE) every three years. (7 CFR 210.31)

E. Notifications.

The Superintendent or designee shall inform the public about the content and implementation of the District's wellness policy and shall make this board policy and any updates thereto available to the public. This board policy is available to the public on the District's website at:

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<https://boardpolicies.cusd.com/ClovisUnifiedBoardPolicies.aspx>. He/she shall also inform the public of the District's progress towards meeting the goals of this board policy, including the availability of the triennial assessment. (Education Code 49432; 42 USC 1758b; 7 CFR 210.31)

F. Records.

The Superintendent or designee shall retain records that document compliance with 7 CFR 210.31, including, but not limited to, this board policy, documentation of the triennial assessment for each school site, and documentation demonstrating compliance with the community involvement requirements, including requirements to make this board policy and the triennial assessments available to the public. (7 CFR 210.31)

Adopted: 06/14/2006

Reviewed: 06/19/2007, 02/09/2011

Amended: 04/29/2009, 11/18/2020 (BP 2406 renumbered as BP 5030), 06/09/2021, 04/19/2023

EDUCATION CODE

33350-33354 CDE responsibilities re: physical education

38086 Free fresh drinking water

49430-49434 Pupil Nutrition, Health, and Achievement Act of 2001

49490-49494 School breakfast and lunch programs

49500-49505 School meals

49510-49520 Nutrition

49530-49536 Child Nutrition Act

49540-49546 Child care food program

49547-49548.3 Comprehensive nutrition services

49550-49562 Meals for needy students

49565-49565.8 California Fresh Start pilot program

49570 National School Lunch Act

51210 Course of study, grades 1-6

51210.1-51210.2 Physical education, grades 1-6

51210.4 Nutrition education

51220 Course of study, grades 7-12

51222 Physical education

51223 Physical education, elementary schools

51795-51798 School instructional gardens

51880-51921 Comprehensive health education

CODE OF REGULATIONS, TITLE 5

15500-15501 Food sales by student organizations

15510 Mandatory meals for needy students

15530-15535 Nutrition education

15550-15565 School lunch and breakfast programs

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UNITED STATES CODE, TITLE 42

1751-1769j National School Lunch Program, especially:

1758b Local wellness policy

1771-1793 Child Nutrition Act, especially:

1773 School Breakfast Program

1779 Rules and regulations, Child Nutrition Act

CODE OF FEDERAL REGULATIONS, TITLE 7

210.1-210.33 National School Lunch Program, especially:

210.31 Wellness policy

220.1-220.22 National School Breakfast Program

Doc# 43418-15 (03/2023, 12/01/2016)